



4 MAJOR CONCERNS FOR DIGITAL SAFETY

TABLETS, SMART PHONES, & COMPUTERS

DINNER TIME

SHUT OFF AND PLACE DIGITAL DEVICES IN SCREEN TIME BUCKETS.

CREATE POSITIVE CONVERSATIONS AROUND DINNER TABLE (USE CONVERSATION CARDS, ICEBREAKERS, AND ETC.).

FAMILY TIME

SHUT OFF AND PLACE DIGITAL DEVICES IN SCREEN TIME BUCKETS.

PLAY BOARD GAMES, WATCH MOVIES, TAKE A WALK, ETC.

BEDTIME

NEVER GO TO BED WITH DIGITAL DEVICES!

SHUT OFF AND PLACE DIGITAL DEVICES IN SCREEN TIME BUCKETS 1 HOUR PRIOR TO BEDTIME.

ACCIDENTAL ACCESS OF INDECENT, OBSCENE, & OFTEN TIME VIOLENT MATERIAL

MONITOR DEVICE WITH ONLINE PROTECTION
EX: SCREENTIME, WEBWATCHER, GOOGLE FAMILY LINK, & ETC.



10 TIPS FOR SAFETY ON DIGITAL DEVICES*

TABLETS, SMART PHONES, & COMPUTERS

1

INSTALL SOFTWARE ON ALL YOUR DIGITAL DEVICES. NO MATTER WHAT AGE YOUR CHILDREN ARE!

2

KEEP YOUR KIDS ACCOUNTABLE ON SOCIAL NETWORKING SITES; GET THEIR PASSWORDS!

3

KEEP THE DIGITAL DEVICE SCREEN VISIBLE AS MUCH AS POSSIBLE FOR YOUR VIEWING.

4

NEVER GIVE ANY PERSONAL INFORMATION TO ANYONE YOU MEET ONLINE.

5

NEVER MEET UP WITH ANYONE YOU MEET ONLINE.

6

DON'T FILL OUT ANY FORWARDED "FUN" QUESTIONNAIRES, EVEN IF THEY'RE FROM FRIENDS.

7

THERE'S NO SUCH THING AS "PRIVATE" ON THE INTERNET. IT IS THERE FOREVER!

8

DON'T POST PICTURES OF YOURSELF, OR OTHERS, AND NEVER SEND SEXUALLY ORIENTED ONES. **IT'S ILLEGAL!**

9

NEVER SHARE YOUR PASSWORDS WITH ANYONE BUT YOUR PARENTS.

10

IF PORNOGRAPHY POPS UP, DON'T KEEP HITTING DELETE, MORE WILL COME UP. SHUT DOWN THE DEVICE.